



VISIONS

FEBRUARY–MARCH 2008

UNITY CHURCH OF OVERLAND PARK

WWW.UCOP.ORG

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Misty Valley ©2002 Jody Drake

Your Higher Calling

One of the questions I hear most often is: "Patricia, how do I know if the voice I am hearing is God's voice, or simply my ego speaking?" This is a very powerful and important question.

It reminds me of the story of Samuel who was a key leader in the Hebrew Bible. One night, Samuel was awakened from sleep by the calling of his name. Samuel went to his master Eli to see what he wanted. Eli said he had not called Samuel. Samuel went back to sleep and was awakened again, but again Eli said he did not call Samuel. After the third occurrence, Eli, who was a priest, realized that it was the Lord God calling Samuel. He instructed Samuel that if he heard the voice again, he should reply, "Speak, Lord, for your servant is listening." Sure enough, the Lord called again, and this time Samuel recognized the voice. (1 Samuel 3:1-10)

There is an important lesson to be learned from this story. One way to discern Spirit's voice is that it persists. When Spirit wants us to hear, it will persist and persist to get our attention. Some people hear literal words. Others notice synchronistic signs and signals. And others simply have a profound inner knowing. By whatever method, Spirit does not let go until you give It your attention.

Another way to know if it is Spirit's voice you are hearing is that Spirit always calls you higher. It stretches you. It has been said that if the dream in your heart is not too big for you to accomplish alone, without God's help, then it is not God's dream for you. Spirit calls you higher and intends to be your partner as you stretch your soul.

At the same time, Spirit will never call you to do something that harms another. Spirit will always guide you into a solution that is win-win, highest good for all concerned. If the guidance you receive seems to be at someone else's expense, keep listening.

As we enter the Easter season, it is a good time to cultivate a listening ear for God's call. How do you do this? This can be done by taking daily time in prayer and meditation. This Lenten season we will prepare for Easter together with Unity's excellent publication of daily readings entitled *Your Higher Calling*. You will receive your free copy of this booklet at our special service on Wednesday, Feb. 6 and again on Sunday, Feb. 10. At our Sunday Celebration Services, we will share stories of how God has called some of our own Church family, as well as how God called biblical figures.



Rev. Patricia Bass
Senior Minister

*How is God calling you?
What is your higher calling?
Join us beginning February 6 to find out.*

Staff Members at Unity Church of Overland Park

Karen Adinolfi
Bookstore Assistant

Fred Albers
Music Director

Rev. Bob Barth
Associate Minister

Rev. Patricia Bass
Senior Minister

Megan Clark
Assistant to the Senior Minister

Greg Coles
Director of Worship

Joan Doane
Bookstore Manager

Ferne Eisele
Bookstore Assistant

Rev. Jennifer Holder
Director of Service Ministries/
Adult Education

Rev. Nancy Jerome
Associate Minister

David Lucas
Maintenance Coordinator

Glenna Menard
Wedding Coordinator

Brandon Nagel
Prayer & Pastoral Care Asst.

Dawn O'Malley
Director of Communications

Adrienne Owings
Nursery Supervisor

Alfred Ring
Facilities Assistant

Jane Sauve
Business Manager

Mike Schlecta
Facilities Coordinator

Rebecka Velez
YFM Assistant

Victor Velez
YFM Director

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John Hoefler, Alternate



Visions of a Universal Humanity

Special Speaker ~

Barbara Marx Hubbard

Sunday, February 17, 2008
Celebration Services
at 9:00 and 11:00 am
Workshop 1:30 – 4:30 pm



For two thousand years since the Gospels were written down, humanity has been inspired by an incredible Promise that we shall all be changed, “in the twinkling of an eye . . . at the last trump and the trumpet shall sound . . .”

Now we are actually living through the “end of this world” as we have known it. We are either heading toward an ever greater collapse of our life support system . . . or conscious evolution.

Drawing from her evolutionary interpretation of the New Testament, combined with the radical promise of our new scientific and social powers, Barbara will offer a stunning vision of our future as a universal humanity. She will foster in each person a greater awareness of their unique part in the Great Promise. After showing her movie “OUR STORY” and a few excerpts of some of the greatest visionaries of our times to be included into her next movie, “VISIONS,” Barbara will open the floodgates of our minds and hearts as co-creators of our world. We will enter the Garden of Co-Creation together. We will be invited to come forward as the “universal human” that we potentially are. There will be a sacred process of self-evolution fostered as we place ourselves in the while process of creation as co-creators. Love offering.



The Hero and Heroine:



Understanding Your Spiritual Journey

with Rev. Richard Rogers & Rev. Jill Fredal

Sunday, February 24, 2008
Celebration Services at 9:00 and 11:00 am
Workshop 1:30 – 3:30 pm

We have all heard of the hero's journey, but what is the difference between the hero's and the heroine's journey. We have been taught that the heroine's journey is the same as the hero's. They are not the same. What role does the heroine play for the hero and the hero for the heroine? How do they support each other in finding the divine?

Rev. Jill and Rev. Richard will lead a two hour workshop on the power of the masculine and feminine in their spiritual journey. We will explore the journey of each, how they support each other and how they experience God differently. This is a workshop from two very powerful people who will change how you experience relationship.

*“Everyone has been made for some
particular work, and the desire for that
work has been put in our heart.” ~Rumi*

SUNDAY at UNITY

Celebration Services
9 am & 11 am

Please join us each Sunday for prayer, inspiration and fellowship. Adult Celebration services are in the main Sanctuary and nursery childcare is available. Children Pre-K through unteens celebrate Spirit and Unity teachings at 9 and 11. Our Youth of Unity (9th—12th grades) meets at 11 am.

Spiritual Parenting in Unity

Turn on your computer and log onto www.unity.fm to listen to Rev. Jennifer Holder, our Director of Service Ministries, and Rev. Linda Martella-Whitsett. Beginning Jan. 31 from 1 to 2 p.m., they are co-hosting a 13-week series – “Spiritual Parenting in Unity.”

The program is intended to uplift and inspire parents and anyone in a parenting role. Parenting in the world today can be exasperating, exhausting, as well as exhilarating. This show supports raising children as “the light of God.”

Program hosts offer insight based upon Unity principles; talk with today's prominent experts in spiritual parenting; and address listeners' questions and comments from spiritual perspectives.

Farewell, Rev. Milne

Unity Church of Overland Park recently said farewell to Rev. Bruce Milne, our former Business Manager.

Rev. Bruce, who was ordained a Unity minister in 2007, joined the Unity Center of Peace in Chapel Hill, NC as the new senior minister.

We send Rev. Bruce our loving gratitude for his years of service to the ministry and wish him much continued success on his journey.



Cover: *Misty Valley*
©2002 Jody Drake

*This image was used in our Fall Faith
Celebration called Sacred Treasure
October 2002*

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ON-GOING CLASSES & GROUPS

ALL GROUPS & CLASSES ARE SUPPORTED BY LOVE OFFERINGS & CHILDCARE.

Make plans to join one of Unity Church of Overland Park's on-going classes that are offered to provide you support and stepping stones on your spiritual journey. For the most up-to-date class information, please go to www.ucop.org.

A Course in Miracles

6:30 pm to 8:30 pm, Thursdays
with Bill Frock

This life-changing class teaches how to apply wisdom and love in life rather than guilt and fear. Materials can be purchased at CommUnity Books and Gifts.

Boundary Busters

10 am to 11 am, Sundays

This adult class examines and discusses books of the highest universal principals of love, peace and oneness. The class is held in the church library.

Couples Connection

4th Friday • 6:30 pm

Usually meets each month at someone's home for potluck.

To join the e-vite list or get more information about Couples Connection, contact Jackie Megee at 913- 592-2303, or jackieam@kc.rr.com

Dreams

7 pm to 9 pm, Wednesdays
with David Huppe

Learn how to interpret your dreams for more awareness and meaning.

Green Team

2nd Tuesday • 7:00 pm

We are committed to promoting stewardship of the environment. For information on how you can help, contact Mike McCord at 913- 829-3854.

Joel Goldsmith—Infinite Way Study Group

7 pm to 9 pm, Wednesdays
with Dwight Briggs

Explore how the belief in two powers can inhibit our demonstration of God Realization.

Kansas City Cancer Healing Project

6 pm to 9 pm, 1st and 3rd Tuesday
with John Hoefer

Receive hands-on energy healing. To schedule an appointment call 816-718-6358.

Men's Group of UCOP

8 am to 10 am, 1st Saturday
7pm-9pm, Thursdays

Each Thursday evening at UCOP, all men are welcome to share in discussion about a new chapter of David Deida's *The Way of the Superior Man*.

First Saturday of each month all are invited to join us for 8am breakfast and networking in Harmony Hall. Following breakfast is a brief 45-60 minute presentation by a guest speaker. On Saturday, Feb. 2, former UCOP minister and current professor of Unity Institute, Rev. Robert Brummet will speak on "Insight Meditation." Saturday, March 1, Dr. Gary Simmons will speak on "An Integral Approach to Creating Thriving Ministries."

See page 7 for Men's Retreat info.

For more details see the church bulletin, or contact Peter Jarosewycz at (816) 941-3575 or Curt Straub at (913) 362-3393.

Recycled Teens

2nd Wednesday

This is a group of men and women of all ages who feel like recycled teens and wish to celebrate life with style. Many are retired but not all. They meet for breakfast or lunch. For more information, contact Doris Milliken at dmilliken@aol.com.

Reiki Circle

7 pm to 9 pm, 2nd and 4th Monday
with Karen Harrison

Reiki is the universal life force energy expressed through laying of hands. It heals on physical, mental, emotional and spiritual levels. The class is open to practitioners as well as those who want to experience a 10-minute Reiki treatment.

UCOP Singles

7 pm, 1st Monday

Singles are planning an exciting year. If you would like to be part of our planning team, join us first Monday of the Month at 7 pm for prayer, fellowship and fun.

Sunday, Feb. 3, join the Singles for our Super Bowl Pot Luck at 4:30 pm in Harmony Hall.

Saturday, March 8, join us for some Singles Bowling. (location TBA)

For more information or to receive event calendar by email, contact Lona Davis at (913) 661-4770.

Women's Group of UCOP

12:30pm, 3rd Sunday

The Women's Group of Unity Church of Overland Park was formed for women as a way to connect, make new friends, share knowledge, joys and sorrows and to support one another and the ministry.

To join or for more information about the group, see the UCOP website or contact Linda Bedell at (913) 631-6750, or Linda@bedell.org

Writer's Class

7 pm to 9 pm
2nd Thursday of each month

The Unity Church of Overland Park Writer's Club is open to all. The purpose is to share ideas, help others get published and hold mini seminars about the writing business. Taught by Kenneth Kieser and Douglas McLaughlin.

SUPPORT GROUPS

For the most up-to-date support group information, please go to www.ucop.org.

Alanon

Tuesdays and Thursdays • 7–8 pm
For families & friends of alcoholics

Alcoholics Anonymous

Mon, Wed or Thurs • 7:30–8:30 pm
Tues. • noon

Last Monday of the month is the open meeting.

Codependents Anonymous

Tuesdays • 7–8 pm

A 12-step program that will help you face and work through your codependency issues. Come and join us; then start a wonderful new journey of deeper self-understanding.

Narcotics Anonymous

Mondays • 7–8 pm

This 12-step program is for those for whom drugs had become a major problem. By meeting regularly we help each other stay clean.

Overeaters Anonymous

Wednesdays 6–7 pm

Thursdays 11:30 am–12:30 pm

A 12-step program for support in turning over your food issues to a higher power.

Stand-Up Parenting

Tuesdays • 7 pm

Tough Love is a support organization for parents and family members of persons struggling with unacceptable behaviors. Come join this circle of people who can help you understand and meet the challenges of your current situation.

Wednesday Winners:

Debtors Anonymous

Wednesdays • 7–8 pm

A 12-step program for those who overspend and under-earn. The goal is to live financially solvent one day at a time.



Message from the Board

Welcome to 2008! We are glad you are part of our spiritual community and know you will continue enjoying getting to know Unity Church of Overland Park. This year we have many exciting activities planned—from classes to workshops to guest speakers, retreats and much, much more. Be sure to check the Sunday bulletin and the church's website, www.ucop.org, for current class and workshop schedules.

Being part of Unity Church of Overland Park has been a blessed experience. Many years ago, as a New Year's resolution, I stepped out in faith to be in sacred service

and immediately felt a heart connection to everyone whose path I crossed.

I invite you to consider the many areas in our community where you can put your talents in service. Do you enjoy repairing, operating or maintaining equipment? Is it your joy to entertain, sing, dance or act? Or, do you have a keen eye for decorating, art direction, editing and writing? Is teaching, tutoring or training youth and adults your passion?

Unity Church of Overland Park appreciates all who have stepped into sacred service and those that will follow. I invite

you to contact Rev. Jennifer Holder at jholder@ucop.org, or (913) 649-1750, ext. 3025 to discover how you can step into sacred service this year.



Danielle Keith

Unity Church of Overland Park is made of individuals just like you—loving, welcoming and beautiful. We are so fortunate to have you in our family.

Danielle Keith

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

~ Mark Twain

Youth & Family Ministry

Spring Festival & Easter Egg Hunt

10 a.m. to Noon, Saturday, March 15

Easter Egg hunts for children of all ages
Crafts and Games
Moonwalk
Prizes

Come join the fun and bring your family, friends and neighbors!
For more information, contact Victor Velez, director of YFM, at (913) 649-1750, ext. 3009, or at velez@ucop.org.



Getting To Know Our Children's Ministry Volunteers



Victor Velez
YFM Director



Ana Anderson and her husband Ron have one little girl, Amyra, and are recent volunteers in the children's program. Ana is an accountant at Rubin-Brown Accounting Firm. Her hobbies are Unity Church of Overland Park and spirituality! Ana comes to us from Unity Spiritual Life Center in Sacramento, Calif. As a volunteer, Ana loves observing the social dynamics of children as they interact.

Molly Witker has been volunteering in children's ministries for 13 years! Molly is in private practice as a Marriage and Family Therapist. She also works with Catholic Charities, leading couples seminars. Molly is impressed with the fact that our children's curriculum interacts so well with the lessons that adults are learning. Molly's hobbies include her love of therapy and counseling. She also loves ballroom dancing!

From the PIT

Hello everyone,

If you've been following along with us, I have been introducing members of our band throughout the past year in this column. With the article that Megan Clark wrote about yours truly in the last issue, you have gotten to know all of the regular members of our band. So it is now time to focus on our wonderful singers.

Let's begin with Teri Wilder. Teri is a great friend, and a co-conspirator in the quest for joy and fulfillment on our spiritual path. A positive energy, Teri stays happily busy as a singer, songwriter, speaker, and voiceover artist around the KC area and beyond. She spent 11 years in KC radio as a producer and on-air personality. Her voice has been heard on radio and TV spots, such as Blockbuster, Bayer, Walmart, and Disney. And if you use a Sprint PCS phone, Teri will greet you and let you know "You have one new message."

She flashes her comedic skills as a cast member of Right Between The Ears, a radio comedy show that performs regularly in Lawrence, KS., at Liberty Hall. With the desire to connect with others on a more spiritual level, she now also offers a workshop, "Finding Your Authentic Self", which takes the participants on a playful, spiritual journey to the essence of who they are.

You can purchase her self-titled CD of original tunes at our CommUnity Books and Gifts store, on her website at www.teriwilder.com, at area Borders stores, or wherever she is appearing. Watch for CD #2, *I Choose Joy*, coming

out soon! Nine of the twelve songs on this new CD were written specifically for our Sunday Celebration Services!

I feel fortunate to count Teri as a friend, and I love the fact that working with her is part of my job description!

Teri will be joining me and the band for a concert in our Sanctuary on Friday, April 4. Be sure to join us as we get to dedicate a whole evening to this special talent.

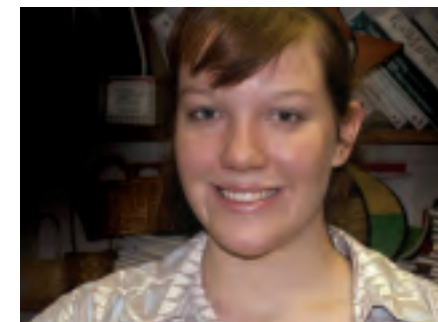
Namasté,
Fred Albers



Fred Albers
Music Director



Edie Howard is Jaclynn's full-time mom. She teaches dance with Down Syndrome children and is creating a parent video for new parents of Down Syndrome children. Edie feels the children's program at Unity Church of Overland Park gives Jaclynn a safe, fun place to socialize. Edie summed up her interview by saying, "Unity has been a breath of fresh air...the principles...changing the way we think...Divinity in everyone!"



Paige Filby is a sophomore at Blue Valley North. Paige volunteers in the nursery. She loves little children and believes they are incredibly smart and have a lot to teach us. Paige is close to completing her training for a black belt in Tae Kwon Do. She also loves to read. Paige has expressed a love of Unity Church of Overland Park in that the church provides opportunities for anyone of any age to step into sacred service!

Green Team NEWS

The Story of Stuff

Greenability Magazine

The year 2008 is going to be the best one yet for the Green Team. It all begins with the video, *The Story of Stuff*, which will be shown to children and adults.

As a fundraising activity for the group, *Greenability Magazine*, Kansas City's newest and smartest environmental publication, will be available for purchase in

CommUnity Book and Gift Store. Stop by the bookstore to get your copy.

This is just the start for what promises to be Unity Church of Overland Park's most exciting year yet as a leader in the environmental movement within the Association of Unity Churches.

*"To attain knowledge,
add things every day.
To attain wisdom,
remove things every day."*

Tao Te Ching



The Keys to the Kingdom



with Rev. Patricia Bass & Rev. Nancy Jerome
Tuesdays • Feb. 12—April 1
7:00 —9:00 pm

an advanced course in prosperity consciousness building
by David Owen Ritz

Join Rev. Patricia Bass and Rev. Nancy Jerome for an advanced course in building a Prosperity Consciousness. *The Keys to the Kingdom* is an eight-week class, created by David Owen Ritz, that serves to increase the flow of good in your life.

The curriculum is designed to help the individual identify and change any limited beliefs they may have about abundance, happiness and success. In doing so, the student learns to understand the spiritual foundation of true abundance and begins to live in greater harmony with spiritual laws.

This class is for those who are ready and willing to take a very large leap in faith that is necessary to transform a consciousness of lack and limitation into one of true unlimited abundance.

Class participants will be invited and strongly urged to make a deep and personal commitment to tithing of their time, talent and income throughout the eight weeks of the class. There is a materials fee of \$40 per person or \$65 per couple.

Join Rev. Patricia and Rev. Nancy and discover the keys to the kingdom.

UCOP Men's Group March 1 • 8 am Dr. Gary Simmons

Dr. Gary Simmons will be presenting "An Integral Approach to Creating Thriving Ministries."

Dr. Simmons is Director of Integral Operations at the Association of Unity Churches International where he is responsible for the coordination and implementation of the transformation

to integral organizational consciousness within the Association's home office, regional associations and member ministries.

Having won praise from Ken Wilber for his ground-breaking doctoral work, Dr. Simmons has formulated a new paradigm for church development called The Integral Model of Ministry that focuses on creating thriving, coherent, and integral church organizations. In addition to his work at the Association, he is an adjunct faculty

BEING IN SACRED SERVICE is a great way to get to know each other at Unity Church of Overland Park. Relationships are formed, and life long friendships are cemented through both team and individual service opportunities.

Ushers come together and share in community prayer before each Sunday morning 9 am and 11am church service. Members of the Sanctuary Prep Team work independently once each week to organize and spiff up the pews in the sanctuary. Let's really get to know some of the Sacred Servers in our beloved community.

Have you ever wondered who was behind that smile that served you at the hospitality table in Harmony Hall on Sunday morning? Remember calling the church to confirm the start time for a class last month? Who was that gracious helpful member of the First Voice team that answered your question or forwarded your phone call to a person on staff? These are two of the many dedicated people that keep this ministry going through their commitment of time, energy and enthusiasm.

After many years of serving the children of Shawnee Mission West, Carrie Jenkins



Sacred Service as a Spiritual Path

serves UCOP and the greater community with her passion for life long learning and a commitment to honoring all people. She brings an understanding that "contributing is what we're alive for." Each Sunday for over four years she has blessed the 9 a.m. Hospitality experience with her love as she brings a team of volunteers together to offer hot beverages, sweets and healthy veggies/fruit.

Easter Basket Outreach

Soon it will be Easter-time, and with this joyful season comes our Annual Easter Basket Outreach program.

Each year, the ministry supports others by providing Easter baskets full of wonderful candies, books, tapes, CDs and much more. This year, you can make a difference by stepping into sacred service by giving your time and talents. We need your assistance to organize the activity, shop, deliver the baskets and to pick up a gift card or two. Join the fun and reap many blessings when giving in this sacred way. You will be amazed at how good you feel.

To express your interest in this annual outreach event, contact Rev. Nancy Jerome at (913) 649-1750, ext. 3017, or njerome@ucop.org.



member for both Unity and Holmes Institutes.

Dr. Simmons is author of *The I of the Storm: Embracing Conflict, Creating Peace*, a Unity bestseller, now in its eighth printing; *Embrace Tiger, Return to Mountain—Spiritual Conflict Management*; and *Day-By-Day Reconciliation Journal—A 21 Day Spiritual Practice*. He is also a contributing author to the new book *Sacred Secrets*, published by Unity House.

Fall Faith Raises over \$40,000

Fall Faith was a tremendous success, having raised over \$40,000 for Habitat for Humanity, LoveLight and our church home. We wish to thank the many generous volunteers and financial contributors who made it all possible, as well as those who donated items to the silent and live auctions. Their names are listed below.

- | | | |
|--------------------------------|----------------------------------|--------------------------|
| Gwyn Lowe | Curt Featherly | Lori Spies |
| Barbara Ahern | Cy & Barbara Alley | Glenda Analla |
| Rod Anderson | Brian Evans | Steffany Barton, RN |
| Pat Austin | Debra Baker | Terri Baugh |
| Dottie Friel | Roger Davis | Linda Brozanic |
| Lou Anne Bruce | Steve Ramsey | Allen Carl |
| John & Sandy Chaney | Traci Christian | John Malone |
| Maril Crabtree | Beth Dawson | Twylla Dell |
| Mary Kay DeMaranville | John Dixon | Diane Farley |
| Linda Flake | Jeanine Fox | Becky Fratzel |
| Richard C. Fuchs | Margaret Gille | Anne Gillespie |
| Mike Sokolaski | Kevin Boggs | Tom Hadley |
| Sandy Miles | Karen Harrison | Rick Hayes |
| Paul Heath | Keith Higaki | Sue Hiner |
| John Hoefler | Harold Hooper | Jay Woods |
| Kirk Johnson | Steven Hamburg, D.C. | Jana Love |
| Dot Kirkin | Andrea Levitt | Kenda Lloyd |
| Joe Ackman | Robert Mc Donnell | John & Kay McCarthy |
| Terri McFarland & Mark Simpson | | Mike McGonigle |
| Ellis Mege | Joan Millon | Nancy Cramer |
| Dora Davis | Rich Myers | Susan Newbold |
| Chad Queen | Mary Oberg | Eric Page |
| Deb Mathine | Sierra Patterson, LMT | Helen Fu |
| Ann Ramsey & Rick Rink | Linda Riggs | Sally Wolf |
| Abby Curry | Christin Rivera | Becky Summers |
| Brad Shair | Dave & Glenna Shephed | Joan Sheppard |
| Carolyn Shokey | Joe Smith | Julie Spaulding |
| Cindy Spear | Frank Staudenraus, LMT, MFR, CST | Kris Streeter |
| Dennis Stewart | Boyd Stone | Laura Thomsen |
| Georgene Taylor | Jim and Wendy Szegedi | Roger Davis |
| Mario Torres | Larry Kucinick | Yvonne Webster |
| Ruth Walsh | Jo Ann Waters | Blake & Terri Williamson |
| Shawn & Mike Wegner | Judy Whitcraft | 4T Total Lawn |
| Terri Evans | Terri Wilder | Michelle Robin |
| Pat Williams | Ronnie Wilson | Fall Faith Circles |
| Mary Witker, MS, LMFT | Modern Supply Co. | 4 My K9s |
| Sunset Grill | Bill & Linda Bedell | KC Health & Wellness |
| Golf, Etc. | Auction Committee | Nina's Hair Design |
| Dawson photos | CMIT Solutions | Sally's Organizing |
| Bead Loving | Pete & Mac's | Liionsgate Chiropractic |
| PartyLite Candles | Chaney Pest Mgmt. | Anonymous |
| Absolutely Organized | Chuck Ramero & Jerry Albright | |
| Roman Quality Heat & Air | Mimi's Café | |
| Shain Carpet Cleaning | Yout Wellness Connection | |
| Lulu Salon & Spa | Salon Mir | Old Chicago Pizza |
| Angel's Insight | Culver's | US Bank |
| Handyman Matters of KC | Johnson Chiropractic | Jay's Castle Care |
| Monumental Life Ins. Co. | Bone Appetizers | Vemma |
| Pearl Lady Designs | Jose Pepper's Cactus Grill | |
| Starr Hair Designs | Jen & Bobby McKnight | |
| Presentation Day Spa | Bill Salter & Auction Cmte. | |
| Mediterranean Market | James Albright & Fred Albers | |
| Kimono Art Studio | CrillinGas.com | |
| Plaza Wellspring | Roderick & Wyatt Townley | |
| Andy & Renee Harding | Harry & David's | |
| Applause Custom Sight & Sound | | |
| Tom & Peggy Sundquist | Kelly Schell & Rick Bacus | |
| Rev. Patricia & Brian Bass | Tom & Dorothy Olson | |

*There are no passengers
on spaceship earth.
We are all crew.
~Marshall McLuhan (1911-1980)*

opportunities. Gregg says, "It's finding myself in the right place at the right time to help out. We're here to help each other. We all have a gift to help others, to be in service in the moment, wherever you are."



Rev. Jennifer Holder

Gregg has been a member of UCOP for 2 years and in Sacred Service for two months with the First Voice team. He's been a Unity student for 15 years and says that the best thing about being in Sacred Service is "the feeling I get in return." That's really the greatest offering we can bring to the table—ourselves.

Let the words of Gregg and Carrie inspire and uplift you. Come get to know UCOP better through Sacred Service and "experience God working through you." Is Spirit calling you to get more involved, to get to know others, to bless others with getting to know you? See Rev. Jennifer Holder after church services on Sundays in the lobby, call her at the church, (913) 649-1750, ext. 3025, or e-mail her at jholder@ucop.org.

CALENDAR OF CLASSES

“Establish meaningful connections, while deepening your understanding of life.”

Important Note:
All classes are taught on a Love Offering basis. Your offerings support both UCOP and our teachers for their time and dedication. Pre-registration is also greatly appreciated! Thank you.

Call Rev. Jennifer Holder
913- 649-1750 ext. 3025
to register—state your name,
phone no., address and
indicate the class(es) you
desire to attend.
Or e-mail this information to
jholder@ucop.org.
Enjoy!



SPIRAL SPIRITUALITY: Evolution of Consciousness in Modern and Postmodern Eras | *Harv Morrow*
10 Mondays, continues to March 31 • 7—9 pm

OR “How Religion is changing under the influence of New Thought and the evolutionary psychology of Spiral Dynamics Integral.” This class is a continuation of previous classes, which makes it somewhat advanced. However, at the same time it is a new subject and a good place to start. Spiral Dynamics Integral will be adequately reviewed for new people. Please come and learn about Spiral Spirituality in Unity.



MEETING MYSELF IN THE BIBLE: MAKING THE BIBLE PERSONALLY RELEVANT | *Barbara Hadley*
Tuesdays, Feb. 5—March 4 • 7—9 pm

Experience the scientific as well as spiritual use of essential oils. During this fascinating workshop you will experience the ancient rituals of anointing feet, balancing emotions and expanding your intuitions. We will meditate using the Ancient Holy Anointing Oil formula. The workshop is based on this Bible verse, “Thou shall call upon the elders of the church to pray with thee and anoint thee with oil in the name of the Lord.” (James 5:14)



KEYS TO THE KINGDOM | *Rev. Patricia Bass & Rev. Nancy Jerome*
Tuesdays, Feb. 12 – April 1 • 7—9 pm See page 5 for more details.

Join Rev. Patricia Bass and Rev. Nancy Jerome for an advanced course in building a Prosperity Consciousness. “Keys to the Kingdom” is an eight-week class, created by David Owen Ritz, that serves to increase the flow of good in your life.



THE HIDDEN HEART OF THE COSMOS | *Dr. Lisa Whitlow*
Wednesdays, Feb. 13 – March 5 • 7—9 pm

The gospels of the New Testament have been translated from the Greek language of its writers. But Jesus did not speak Greek—he spoke Aramaic. Luckily, the echoes of Jesus’ words can be read in the Aramaic bible of the Eastern (Syrian, Aramaic speaking) Christians. This class will include lecture, discussion, and meditation based on the Aramaic words of Jesus. Study materials will be provided.



WHAT’S YOUR LOVE LANGUAGE? | *Pamela Welch*
Monday, Feb. 18 • 7—9 pm

He sends you flowers when what you really desire is time to talk. She gives you a hug, but you’d prefer a home-cooked meal. We all need love, which can be expressed in many forms. However, for each of us there is one “primary love language.” In this class, you will not only learn the love language vital to you, but also how to communicate with another in their specific language of love.



COMPASSIONATE COMMUNICATION | *Lori Woodley*
Thursday, Feb. 21 • 7:00—9:00 pm AND Saturday, Feb. 23 • 10:00 am—4:00 pm

Nonviolent Communication (NVC) offers a radically different approach for connection, cooperation, and peace. Participants will learn new skills that will enable them to enrich their relationships, especially those involving stress and conflict. The Thursday session is required in order to participate in the Saturday training. It is recommended that participants read *Nonviolent Communication* by Marshall Rosenberg, prior to the class.



EMPOWERING THE HEART – MIND CONNECTION | *Pamela Welch*
Wednesdays, March 12 – 19 • 7—8:30 pm

Do you feel a desire – a deep yearning in your soul – to connect with your heart and live from the center of your being? When you tap into the intelligence of your heart, its innate intuition is transmitted to your mind. In this class, Pamela Welch will share simple techniques designed to access and activate the incredibly powerful energies of the heart. Mastering the “art of the heart” is essential as we move into these rapidly changing times.



PSYCHOLOGICAL KINESIOLOGY | *Kevin Audley, MS. Ed., LPC*
Thursday, March 13 • 7—8:30 pm

Psych-K goes hand in hand with *The Secret*. It allows you to create a picture of what you want, actually rewrite the software of your mind, and have the conscious and subconscious working in unison to attract it into your life. PSYCH-K™ processes provide a user-friendly way to reprogram your subconscious mind by changing beliefs that sabotage you into beliefs that support you – quickly and easily.

Child Care

For all classes, childcare is available Monday – Thursday evenings. A \$5 love offering per child is appreciated.



SHINING THE LIGHT: TRADITIONAL CHRISTIAN BELIEFS VS. UNITY | Barbara Hadley & Eric Page

March 26 • 7—9 pm

Using the book *Alternatives: New Approaches to Traditional Christian Beliefs* by William Fischer, this class will compare Unity teachings and traditional Christian beliefs. Comparisons will be made between that which Jesus taught (the basis for Unity teachings) and the more traditional doctrines about God, Christ, sin, baptism, life after death and more. Participants will leave the class able to talk with friends about their beliefs more clearly.

A Gathering of Wise Men~2008 Unity Men's Retreat Midwest with Rev. Richard Rogers February 22 & 23, 2008

It's time for the annual Men's Retreat. Mark your calendars for Friday, Feb. 22 and Saturday, Feb. 23 for "A Gathering of Wise Men" to be facilitated by the Rev. Richard Rogers and with music provided by UCOP Music Director, Fred Albers. The retreat will be held at the Spiritual Life Center at Unity Village, Missouri.

Come take part in an exploration of what it means to be wise, deepen your understanding of unconditional love and learn to trust other men by risking and experiencing the power of support. What it means to be a man has changed dramatically over the last 50 years. There is a new model emerging. During this retreat, you will witness men being set

free to find their true power, presence and role in the world!

Rev. Rogers is a gifted and inspiring speaker, teacher, author and counselor. In powerfully dynamic and at times humorous ways Richard speaks directly to the soul in a way that leaves his students and audiences deeply touched and spiritually awakened in the most profound ways.

New this year is a three-tiered pricing schedule. For a private room the cost is \$167; to share a room, it is only \$135. The commuter rate is \$90.

Stop by the Men's Group table in Harmony Hall to sign-up.



For more information contact Peter Jaroseqycz at (816) 941-3575 or prj1@sbcglobal.net or Curt Staub at (913) 362-3393, aquaticonsult@att.net.

Meet Our Spiritual Counselors

You are not alone on your spiritual journey. Unity Church of Overland Park offers the services of spiritual counselors, who are available to assist you as you navigate through life. To request an appointment with a spiritual counselor, please call (913) 649-1750. Our spiritual counselors offer their services on a love offering basis.

Rev. Nancy Jerome:

Prayer support; organization; Unity principles and practices; sexual and love addiction; holds a safe space and supports spiritual growth and wholeness.



Karen Harrison:

Marriage enrichment; couples; stepfamilies; divorce issues; children with behavior problems; adoption and infertility issues; certified sex therapist, and domestic violence. Pre-marital counseling.



Craig McAndrew:

Adults with issues of grief and loss; gay and lesbian; relationships; men's; anxiety; depression; communication; stress reduction and anger management, marriage issues.



Holding the Light in the AIDS Orphan Crisis in South Africa

Robin Goff
Spiritual Leader of The Light Center

Angelas Arrien once said, "If you ever doubt whether one single person can really make a difference, just think of one stalled vehicle at 8 a.m. in rush hour traffic!"

What can Americans do half-way around the globe to serve the needs of millions of children who are living without adult supervision or support?

The tendency can be to become overwhelmed. The answer is that we each do whatever we can and come home changed at depth and that change touch-

es many more people back here at home.

One by one Lovelight volunteers are stepping up and making an impact in the AIDS orphan situation, but equally important are those assisting in the U.S. Not all of us can visit South Africa, but the impact of those supporting from this side of the ocean is felt deeply by those who serve there.

In January, I visited the country and met with Unity Church of Overland Park's own Brenda Brock and Kelly Sturgeon. They are volunteering in South Africa for MyLife for six months.

These two pioneers have taken our project to the next level as they step into the world of the "street children," whose lives embody all of the worst-case scenarios that we can imagine.

They are performing transformative work, and it could not happen without the generous support of UCOP. Whether building gardens, building a business or teaching crafts, Brenda and Kelly have



you with them every step of the way!

Joining me on this trip was Neil Steiner, an alternative architecture and design student at the University of Kansas. He and Randy Knebel, a new S.E.E. graduate from Illinois, traveled there with open hearts and strong arms ready to do whatever needed to be done to assist.

Whether digging a garden, teaching simple skills to children or supporting those who care for the children, each of us shares what we can, and together we can make a difference.

Thank you, UCOP for being a huge part of this magical work!



Crafttime with the kids

Abundant Sunday

For more than two years at Unity Church of Overland Park, the second Sunday of each month has been designated as Abundant Sunday. By bringing forth your abundance, you're helping us partner with Harvesters, our community food network that serves the Greater Kansas City area.

Every month we provide almost 300 lbs. of food to feed those in need, providing more than 220 meals. The face of hunger knows no boundaries – it covers suburban to rural neighborhoods, the very young to the elderly and many ethnic groups.

Harvesters is the community's link between abundant food supply and the people in need. When you donate, you support the more than 4.5 million meals they offer annually.

Thank you for your steadfast giving! You are a blessing to our community.

COPP Spring Break for the Poor and Homeless

**Saturday, March 22
Noon to 4 pm
Levitt Warehouse
2107 Central
Kansas City, Missouri**

Yes, we need your help at the annual Spring Break for Care of Poor People and Homeless! Donations of clothing, blankets, toiletries and much more as well as food on the event day are needed.

There is a great need to prepare for this activity. Please consider serving in the following areas:

- **Come set up tables and clothing racks**—10 a.m. to 1 p.m., Thursday, March 20.
- **Sorting Donations**—8 a.m. to 4 p.m., Friday, March 31. Have a great time sorting donations and preparing new items for handout. Lunch for volunteers will be provided.
- **Continue sorting donations and preparing food**—8 a.m. to 4:30 p.m., Saturday, March 22. Doors open at noon. We'll be serving meals and assisting others in finding needed items as well as continuing to sort and place items out. At the end of the event, stay to help breakdown event tables and clean up.

For more information, go to <http://www.coppinc.com>
To express an interest to serve, send an e-mail to Dawn@vertexfoam.com





Unity Church of Overland Park

10300 Antioch Rd.
Overland Park, KS 66212

Office: 913-649-1750
Fax: 913-649-0429
Church office hours:
9 am to 5 pm Monday-Thursday
Bookstore: 913-649-3875
Heartline: 913-649-3214
Infoline: 913-649-6332
Website: www.ucop.org
Celebration Services:
Sunday at 9 am and 11 am
Nursery Care and
Sunday School is offered.

Prayer Chaplain Ministry



Tami Mills



Brandon Nagel



Bob Noll



Betsy Wenzel

Prayer Chaplains serving our congregation.

At the start of the New Year, we heard from many in our spiritual family who have a Prayer Chaplain call them. They receive a monthly wellness call and offer prayers support or celebration.

One does not need to be an official member of UCOP to have a Prayer Chaplain assigned to them. To express an interest in receiving a monthly wellness call, contact Rev. Nancy Jerome at njerome@ucop.org or (913) 649-1750, ext. 3018, or . A Prayer Chaplain will be assigned to you and calls will begin the following month.

SPECIAL EVENTS

Ash Wednesday Service
FEBRUARY 6 • 7:00 PM

New Member Sunday • FEB. 10

Visions of a Universal Humanity
Barbara Marx Hubbard, Guest Speaker
Sunday, Feb. 17 • 9am, 11am & 1:30 pm

UCOP Men's Retreat
with Rev. Richard Rogers
FEBRUARY 22 & 23

The Hero & the Heroine
Rev. Richard Rogers & Rev. Jill Fredal
Feb. 24 • 9 am, 11 am & 1:30 pm

YFM Spring Festival Easter Egg Hunt • MARCH 15 • 10 AM

Holy Thursday Service • MARCH 20 • 7 PM

COPP Spring Break for the Homeless
SATURDAY, MARCH 22 • NOON TO 4:00 PM

Special Easter Service • Sunday, March 23 • 9 am & 11
Bukeka Newby Shoals & Jerome Johnson, vocalists

The church offices and bookstore will be closed
Monday, February 18 for President's Day
and March 24, Easter Monday

PRAYER
&
Meditation

Our spiritual community is totally supported by prayer, which is one of our core values. At UCOP we have a Silent Prayer Team that prays daily over the prayer requests that are submitted each week. The people on this team do all of their work anonymously but are a vital part of this important work of our spiritual community. If you would be interested in joining this team, please call Rev. Nancy Jerome 913-649-1750 ext. 3018 or e-mail njerome@ucop.org.

Daily Noon Prayer
in our Peace Chapel allows an opportunity to "come apart for awhile" from the busyness of the everyday activities.
Mondays through Thursdays
Noon —12:30 pm
with Rev. Nancy Jerome

Sunday Meditation
Our Peace Chapel is the sacred space in which you will find **silent meditation** each Sunday morning at 8:30 and 10:30. Also **individual prayer support** from our Chaplains is available throughout the building following each celebration service. They are trained to hold a spiritual space, keep a confidence and pray with you "on the spot."



Bookstore hours:	913-649-3875 (closed during services)
M-W	11-5:30
Th	11-7
Sun	8:30-1

Books to Read in 2008

- *Point of Power* by Rev. Dr. Paul Hasselbeck is an amazing book that provides powerful, well-articulated principles on spiritual truths and metaphysics.
- *The Seven Windows to Wholeness* by Jim Crabtree offers an insightful step-by-step process to show the bigger picture or "Wholeness Intention" of life lessons.
- *Your Never-Ending Life* by Sandy Andrew provides a straight-forward approach for personal and spiritual changes in yourself and the world.



Unity Church of Overland Park
10300 Antioch Road
Overland Park, Kansas 66212

For Someone Special:

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