

2010 WOMEN'S RETREAT

Create with Spirit

Led by Kelley Hunt with Rev. Patricia Bass



September 17 & 18
At the Spiritual Life Center
At Unity Village

Unity Church of Overland Park

Welcome Letter

Dear Creative, Dynamic Women,

I'm so excited to welcome and join with you for the "Create With Spirit" adventure! We all have the Divine, creative spark within us, manifesting in fun, surprising & inspiring ways. During our time together we'll bring forth our own unique creativity in a loving, supportive, Spirit filled environment.

It's been such a joy to co-create this retreat with Rev. Patricia Bass and the amazing Retreat Planning Team. We know that you are here by Divine appointment. What a blessing to be on this creative journey with you!

Have fun, relax and remember: Everything is possible when we Create With Spirit!

Love,
Kelley Hunt

2010 Women's Retreat Prayer

We come together to celebrate the sacredness
of every person and every moment.

We surrender to the nurturing love of Spirit and allow it to
refresh and renew our souls. We acknowledge the Divine Source within
and relax as inspiration freely flows in us, through us and as us.

We are grateful for our creative spark as it expresses in untold glory.

We co-create with ease, knowing that anything is possible when we speak with our own Di-
vinely-guided voice. We rejoice in the preciousness of the women who join us on this path and
respect their voices of wisdom.

We have fun!

We listen deeply!

And we celebrate life!

Retreat Team



Kelley Hunt is an acclaimed international touring recording artist, singer, songwriter and keyboardist, with four CDs in international commercial distribution, co-scores and song placements in independent and major studio feature films, 6 appearances on the celebrated live radio show "A Prairie Home Companion" and PBS TV specials. She is a co-founder of the Brave Voice retreat and workshops and has given workshops and master classes nationwide at all education levels from elementary up to major universities and the Berklee College of music in Boston.

Reverend Patricia Bass is the senior minister of Unity Church of Overland Park. Rev. Patricia is recognized throughout the Unity movement for her deep and committed spiritual consciousness. Her personal vision is to inspire, empower and equip others to transform our world.



Questions? Just ask the Retreat Team leaders at the retreat table downstairs in Harmony Hall.

Rev. Patricia Bass
Terri Evans
Genevieve Normand

Rev. Eileen Stulak
Deb Filby
Tamie Rising

Connie Bonovich
Dion Koch

Kathleen Brady
Tiffany McCarty

Agenda

Friday, September 17

3 p.m. - Check-in at the Spiritual Life Center. Consider checking in before finding the nearest parking lot.

5 p.m. - Dinner

The retreat will officially begin with Rev. Patricia leading us in prayer. You will be introduced to your retreat team, and enjoy dinner while we get to know our retreat sisters.

7 p.m. - The Create with Spirit Adventure Begins!

The weekend begins with Kelley Hunt and Rev. Patricia Bass at the Spiritual Life Center. Kelley will lead us in singing and later talk about what to expect during the retreat. Afterwards, there will be a choice of optional activities in which you can spend time with your retreat sisters as they share their talents in drumming (held inside), yoga, etc. Please bring drums and flutes if you have them.

Saturday, September 18

7 a.m. - 5 p.m.

The Create with Spirit Adventure Continues!

You have the option to begin the day with meditation and music before breakfast is served. The morning and afternoon include activities that allow us the opportunity to *Create with Spirit* and connect with our own divine creativity and express it in our own unique ways. The day also consists of optional time spent in solitude or rejuvenating down-time to walk the grounds, walk the labyrinth or anything you choose. Later in the afternoon we will come together again as one group for our closing ceremony.

7 a.m. to 11 a.m. - Check-out

Sunday, September 19

9 a.m. & 11 a.m.

The Create with Spirit Adventure Culminates!

Join us at Unity Church of Overland Park, where we will join our families and friends for the Celebration Service led by Rev. Eileen Stulak with music by Kelley Hunt. Kelley will sing a special song that she creates from the retreat experience. Please join other retreat sisters and our spiritual community in celebrating our special time spent together.

What to Bring

Clothing

Dress casual and comfortable. Walking shoes are a must! There is a short walk to the Unity Inn for meals. If you desire a little more exercise, you will have an opportunity to explore the beautiful Unity Village campus and the labyrinth.

Personal Comfort

The Spiritual Life Center pampers you like a spa resort. Hotel style rooms come equipped with luxurious bedding, an alarm clock, flat screen television and internet access. The granite counter bathroom also welcomes you with large bath towels, an assortment of soaps, shampoo and a hair dryer.

Optional Community Activities

The optional late night events provide an opportunity for you to share your talent with your retreat sisters. Activities include drumming, yoga and more.

Meals and Snacks

We will eat three healthy buffet style meals at the Unity Inn over the weekend. And if you're still hungry, snacks will be provided, too! Please don't pack your own treats this year. We will honor the "no outside food" or "no alcohol" request of the Spiritual Life Center.

Extras to bring...

Camera for photos
Book for late night reading
Journal for going deeper
Rain gear
Lounge wear

Cancellation Policy

Cancel before July 18 - full refund, cancel after July 18 and before August 17 - full refund, less \$25 for processing fee, cancel after August 17 - no refund

Map and Directions

For a peaceful trip, please allow at least one hour travel time during rush hour.

The Spiritual Life Center at Unity Village
1901 NW Blue Parkway
Unity Village, MO 64065
(816) 524-3550
<http://unity.org>

1. From Overland Park, take I-435 East.
2. Go about 12 miles to a large interchange of Highways 71, I-435, and I-470.
3. Stay in the middle lanes, straight ahead, and follow I-470/Highway 50 East toward Lee's Summit (Exit 71A).
4. From the major interchange, stay on I-470/50 East for about 7 1/2 miles to Highway 350 West (Exit 7B) toward Raytown.
5. Exit on 350 West and go to the next exit to the west, which is Colbern Road.
6. Turn right (east) on Colbern and go through the stop light and turn left into Unity Village.
7. The Spiritual Life Center is one block on the right.

