

A Season of Nonviolence – Dare to Dream

For Younger Children (Pre-K & K)

Sunday, January 28, 2018

This Week's Theme: I have a big and beautiful dream like Dr. Martin Luther King, Jr.

Teacher Insights:

A Season of Nonviolence is observed throughout the **64 days between the assassinations of Mahatma Gandhi on January 30th and Dr. Martin Luther King, Jr. on April 4th**. It is an international movement dedicated to a belief that we can heal, transform, and empower one another, our communities, and our world through peace.

- We find peace within ourselves.
- We share peace with one another.
- When we spread peace with our families, friends, and in our communities, we have the power to change the world.

Inspirational Writing:

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.

- Dr. Martin Luther King, Jr.

Be the change you wish to see in the world.

- Mahatma Gandhi

Bible Verse: Jesus said, "Peace I leave with you, my peace I give to you. Do not let your heart be troubled. Do not be afraid."

- John 14:27

Unity Principle #3: I create my experiences by what I choose to think and what I feel and believe.

Unity Principle #5: I do and give my best by living the Truth that I know. I make a difference!

Affirmations: I have big and beautiful dreams.
I believe my dreams can come true.

Pre-Activity: 10:45 a.m. – 11:00 a.m.

* Dr. Martin Luther King, Jr. coloring and activity sheets

* Community games (in classroom)

Heart Agreements describe ways we show respect for one another. We agree to have:

* Gentle Hands * Open Hearts * Walking Feet * Listening ears * Kind Words

Sacred Circle 11:00 a.m. – 11:10 a.m.

Invite each child to share how they feel today. Respond to each child as a group by saying, "(Child's Name), you are a blessing. You are blessed."

Centering Breath for prayer: Breathe deeply and place your hand on your heart. Feel the **Spirit of Peace** in your heart. Breathe in **peace all around you**, breathe out **peace** to the world. We feel peace. We share peace. We are at peace.

Affirmations: I have big and beautiful dreams.
I believe my dreams can come true.

Lesson Introduction: 11:10 a.m. – 11:20 a.m.

I've Got Peace Like a River ("Unite With Me in Song," CD #5)

I've got peace like a river, I've got peace like a river
I've got peace like a river in my soul.
I've got peace like a river, I've got peace like a river
I've got peace like a river in my soul.

I've got love like an ocean, I've got love like an ocean
I've got love like an ocean in my soul.
I've got love like an ocean, I've got love like an ocean
I've got love like an ocean in my soul.

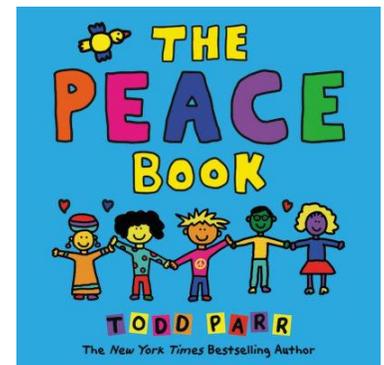
I've got joy like a fountain, I've got joy like a fountain
I've got joy like a fountain in my soul.
I've got joy like a fountain, I've got joy like a fountain
I've got joy like a fountain in my soul.



Discussion:

- What is peace?
- Can you describe how you feel when you are peaceful?
- How can you tell when others are feeling peaceful?
- What would our planet be like if there was peace in the world?

Today's Story: The Peace Book by Todd Parr (book in white tub)
There are many different ways we experience peace in the world.



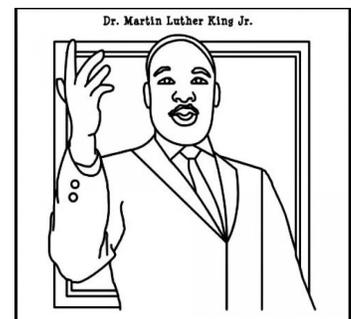
Today's Scripture: Jesus Chose 12 Special Helpers Mark 3:13-19 (The Toddler's Bible)
Read aloud from *The Toddler's Bible*, pp. 284-287.

Jesus told people all about God's love. He told people to spread love and peace. Jesus chose 12 special helpers called "apostles" to spread the message of love and peace around the world.

All About Dr. Martin Luther King, Jr.

Share the **Dr. Martin Luther King, Jr. coloring sheet** with children.

- Like Jesus and the Apostles, Dr. Martin Luther King, Jr. was a peacemaker.
- Dr. King believed everyone should be treated with love and kindness.
- Dr. King gave a wonderful speech called "I Have a Dream." He had a dream of world peace. He told others "Let freedom ring!" throughout the world.



Discussion:

- Do you have a dream?
- How can your special talents help you reach your dreams?
- In what ways can you be a peacemaker?

Creative Expression: 11:30 a.m. – 11:50 a.m.

Intuitive Art Activity: Children of Peace Torch

Materials: * Red, yellow, and orange sheets of colored tissue paper
* Tape * "Children of the World" sheet *Crayons

1. Invite children to decorate the "Children of the World" coloring sheet.
2. Roll the coloring sheet into a cone.
3. Use tape to secure the cone at its base.
4. Insert "flames" of orange, yellow, and red tissue paper into the cone.



Closing Prayer/Circle: 11:50 a.m. – 11:55 a.m.

Use the simple gestures and say the Prayer for Protection together:

The light of God surrounds us; The love of God enfolds us;
The power of God protects us; The presence of God watches over us;
Wherever we are, God is and all is well!

**Join everyone in the church for closing songs.
We will return to classrooms after the blessing.**

Teacher Reminders: Please HELP

- Encourage children to help tidy up the classroom.
- Remind parents and adults responsible for children to sign out before children exit the room.
- Return the teacher tub and all supplies to the Resource Room.

I've Got Peace Like a River ("Unite With Me in Song," CD #5)

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I've got peace like a river in my soul.
I've got peace like a river, I've got peace like a river
I've got peace like a river in my soul.



I've got love like an ocean, I've got love like an ocean
I've got love like an ocean in my soul.
I've got love like an ocean, I've got love like an ocean
I've got love like an ocean in my soul.

I've got joy like a fountain, I've got joy like a fountain
I've got joy like a fountain in my soul.
I've got joy like a fountain, I've got joy like a fountain
I've got joy like a fountain in my soul.

Prayer for Protection

The light of God
surrounds us.

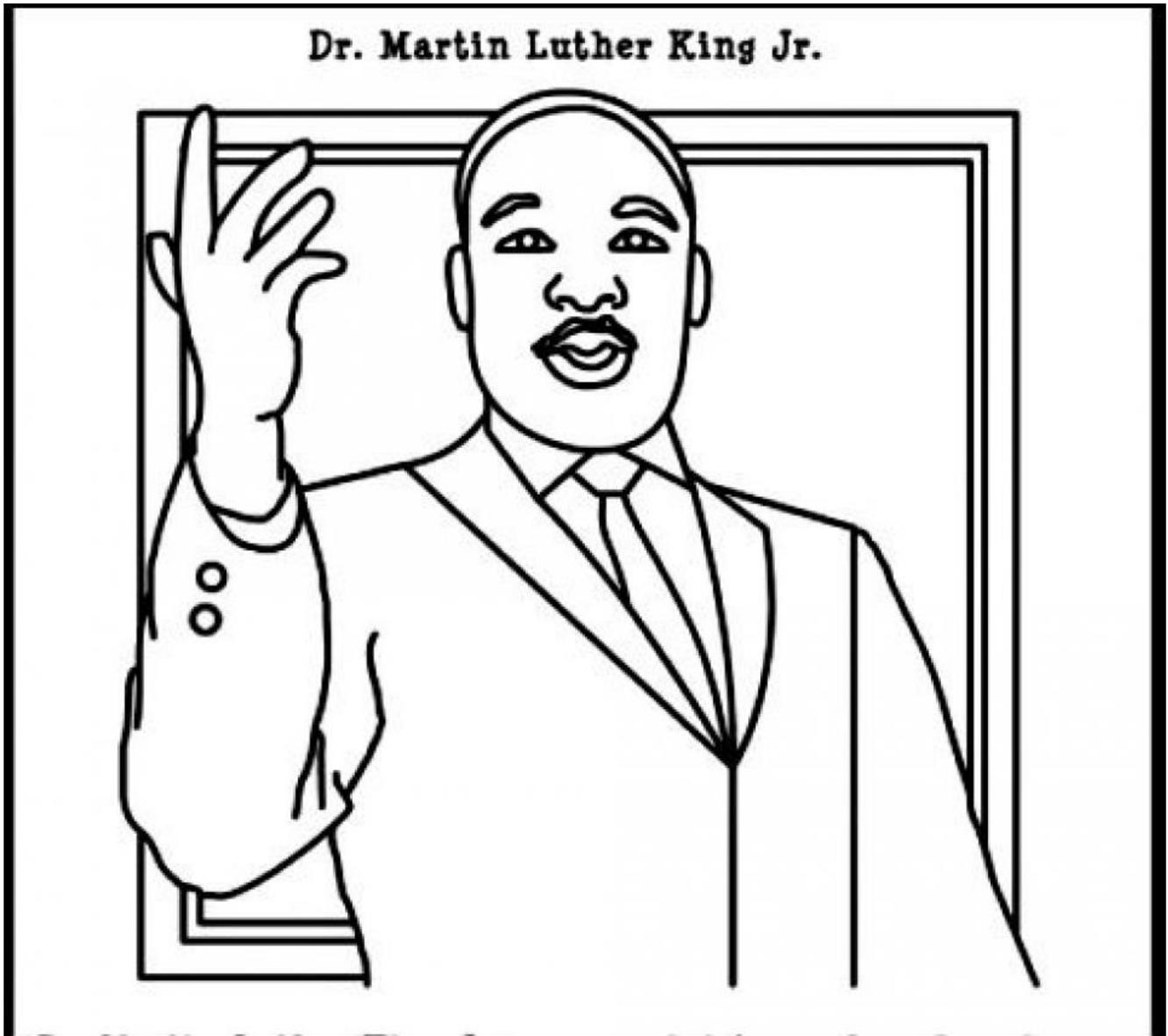
The love of God enfolds us.

The power of God
protects us.

The presence of God watches over us.
Wherever we are, God is, and all is well.

Amen

I Have a Dream



Dr. Martin Luther King, Jr. (1929 – 1968)
Minister & Civil Rights Leader

