



Come Together, Work Together!

Unitots
(3's, 4's, and K)
7-31-2016

This Week's Theme: The purpose of this lesson is to understand the value of working together with others in order to better our experience of life! Our world depends on teamwork!

Teacher Insights: This Sunday our children will have the opportunity to practice working together and being caring toward each other with the idea that there are some tools they can develop and share with their friends and family at home. Our lesson this week will relate to the concept of cooperation and working with others. Cooperation can create compassion and caring about others. Compassion is caring deeply and wanting to help. Helping others creates peace and understanding.

Unity Writings:

Love is good will in action. It holds the universe together by its constructive, dynamic, unifying power. It is the great solvent of every limitation and every problem.

-Richard Lynch, The Secret of Health

Compassion is a characteristic of love and mercy prompted by an understanding heart. A compassionate mind sees the error, but does not condemn.

- Charles Fillmore, The Revealing Word

Scripture:

I can guarantee this truth: Whatever you did for one of my brothers or sisters, no matter how unimportant they seemed, you did for me.

- Matthew 25:40

Unity Principles: (today's principle is highlighted)

1: **God is all Good and active in everything, everywhere.**



- 2: I am naturally good because God's Divinity is in me and in everyone.
- 3: I create my experiences by what I choose to think and what I feel and believe.
- 4: Through affirmative prayer and meditation, I connect with God and bring out the good in my life.
- 5: Practice, Practice, Practice. I do and give my best by living the Truth I know! I make a difference!

Pre-session: Working Together

Make sure you create a sacred space at the tables in your rooms. You can do this by lighting the Christ candle and then placing sacred objects around it.

Greet Parents and Children. As much as possible try to greet parents at the sign-in table.

o **At the Sign-in table ask:**

- Please print names
- Does your child have a **registration form** filled out?
- Any special needs that we should know about? Allergies?
- Can we have your email address for updates?

Assembly in room 212 at 15 past the hour

Pre-session Activity: Building Blocks

Materials: Wooden Blocks

The blocks will be in your room. Start this activity by giving each child 3 or 4 blocks at the most. Tell them they can build anything they want with these blocks. Make suggestions to build a house, a zoo, bridge, etc and suggest that they all work together using what each of them have to build a fun project together. Point out that they couldn't build much alone with just the blocks they have but working together gave them more opportunities to create more things.

Sacred Circle: Unity with my Friends



- **3 Ohms:** In order to synchronize our energies, have the children sit in a circle and begin sacred circle with 3 ohms.
- **Who is Jesus for us in Unity?** Our way-shower, the great master of love.
- **Affirmation:** I choose to have a caring heart.
- **NEW Introductions/Namaste/Hugs:** In turns, have each student stand and, one at a time in a circle say "Namaste" and put their hands in a prayer position, bowing to their neighbor on their left and then give them a hug. The child receiving the hug in turn repeats the greeting with their neighbor.
Namaste' means: "The light in me sees the light in you."
- **Heart Agreements:** Heart Agreements establish the boundaries of how everyone in the group agrees to "show up" in Sunday school. They are not being TOLD how they must show up; they are telling YOU how they have agreed to show up. During the course of the lesson, you may refer back to the Heart Agreements. For example, if a group of kids is perpetually talking while you are speaking, then you may say to the class as a whole, "What was our heart agreement about listening to speakers?" And let the kids tell you!

Our basic heart agreements are:

**Gentle Hands
Open Hearts
Walking Feet
Listening ears
Kind Words**

- **Love Offering:** Divine Love, Blesses and multiples, all that I have, all that I give and all that I receive. And I am joy-filled and grateful. FYI: students may place lots of things besides money in the love offering basket: joy, friendship, peace, love, etc.

Meditation:

Now it is time to sit down and get really quiet for our special time with God! Now let's take a slow deep breath in... and let it slowly and quietly out.



I invite you to close your eyes and say, "My heart is full of love." Invite them to say this with you several times. Now let's say, "I see the Christ in everyone." Repeat several times.

If we sit really, really still, we might be able to feel the beating of our hearts under our hands. Pause in the silence for 10 -30 seconds or as long as the group remains centered. Thank you, God. Let's say that together: Thank you, God.

Story time: The Good Samaritan

You will find this story on page 346 of The Rhyme Bible under the title "The Good Man." This is a story that Jesus told to his followers about being compassionate toward others (even those we may not like so well). Each one of us is connected through the Christ presence within each of us. This is a story about an individual that honored that connection by helping someone in need just like the children helped each other build a better building in the pre-session.

Discussion Questions: (Not all need to be asked)

- What happened in the story?
- What did each man do?
- The man in the story was hurt. When you are hurt what sort of face do you make? (Invite them to make this face)
- What sound do you make? (Invite them to make that sound)
- When you are hurt who takes care of you?
- Let's pretend that you have a doll or a stuffed animal needs some help. What could you do to care for it?

**Creative Expression Group Assembly Room 212
@ 15 past the hour:**

Planning our Perfect World

Materials- Large sheet of white paper, pencils



Activity- We will begin the planning process of the perfect world!! Before we make the "real thing", we need to name it finally, plan it out on paper and get the essentials in place so everything will work. The water tower, farms, hospital, main street, all the things we must have to support the town; all need to be located so the rest of the town can be set up. It will take cooperation and teamwork to make it come together.

Closing Prayer:

Let us pause for a moment in silence. We send thoughts of love to everyone in the world. Pause.

Father Mother God, thank you for this time together to learn about the power of your presence in our lives and how we always have access to that power in our lives. In this moment we choose to create a wonderful world for all. We allow our Christ light to shine out for the world to see and speak words of love and peace into our world. We are grateful. Thank you God! Amen.

Teacher Reminders: Please HELP

- o Return the teacher tub and all supplies to the Resource Room
- o Sign out by writing the number of children you had on the Teacher Sign-In Sheet.
- o At 11 put the sign-in sheets in your supply tubs.
- o Put the love offering in the envelope in your tubs.